



# **FEPS and FES Paris Leadership Training**

**17th YES Congress  
Paris, 17th July 2025**

JACINDA ARDERN

A  
DIFFERENT  
KIND  
OF POWER

A MEMOIR

SANNA MARIN

HOPE IN ACTION

A Memoir About the Courage to Lead

Het  
volle leven Paul  
Magnette

*Ecosocialistisch  
manifest*

MANTEAU  
non-fiction

# Icebreaker: Your Most Admired Leader

- Introduce yourself (name, country, position)
- Introduce the leader that inspires you
- Name one specific quality that makes her / him stand out





# Leaders that inspire us (flipchart)

## Leaders

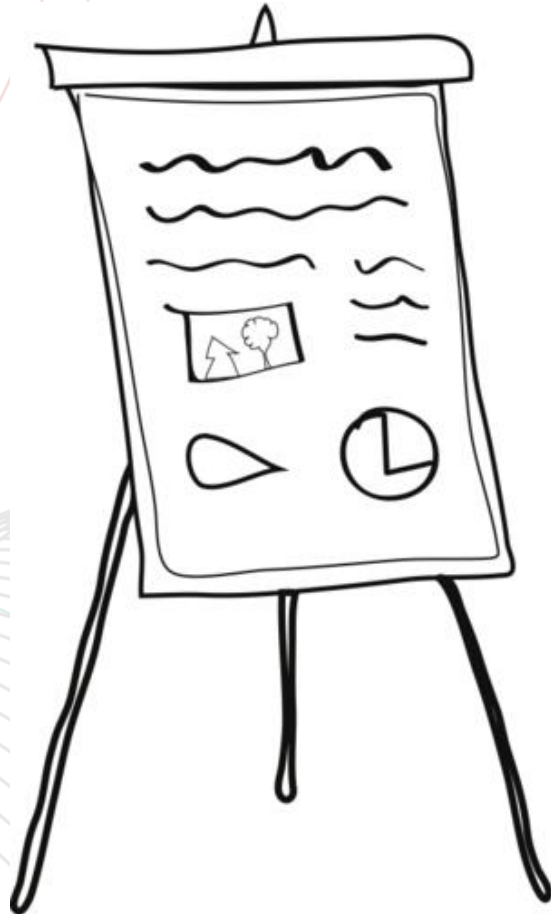


## The one quality





# Contract (flipchart, 3 minutes)



- Our **Group** Rules

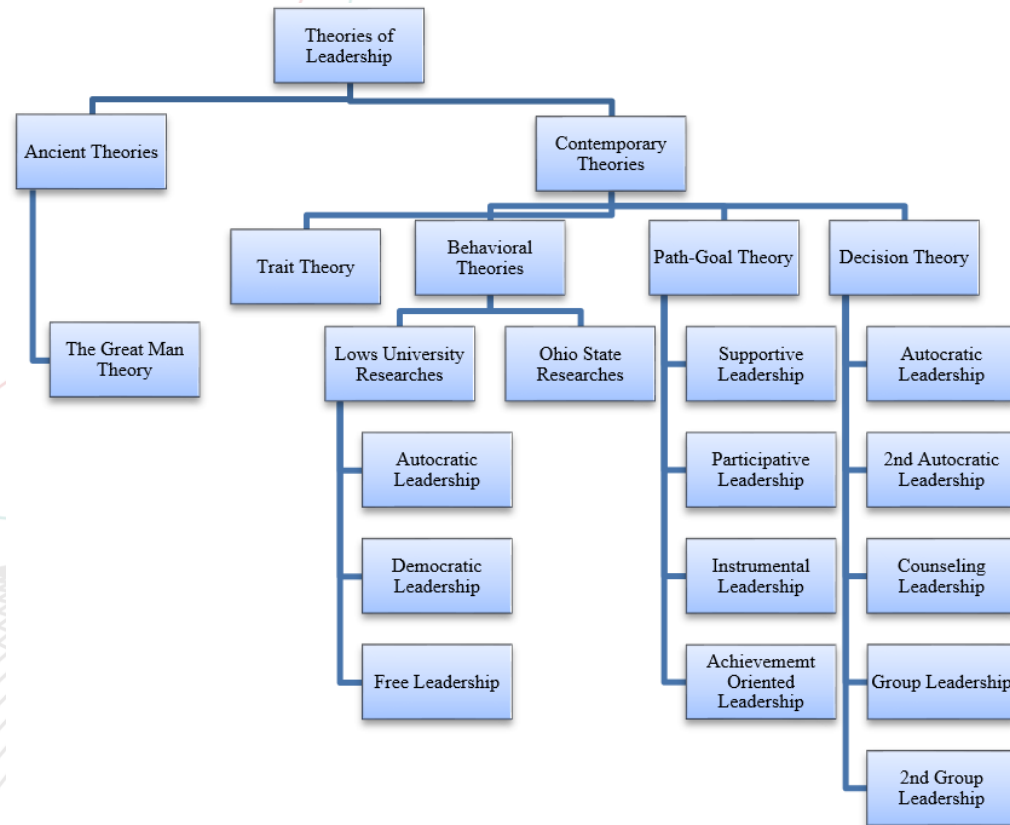


# Agenda of the Training

- Short introduction to the training
- Icebreaker
- Contract of the Meeting
- Leadership theories, leadership styles, leading vs. managing
- Principle-oriented personal leadership
- You as a leader
- Leadership for this mandate
- Empowering leadership
- Where we go next



# Many leadership theories...



## Theories of Leadership

### Behavioural Theories

- What does a good leader do?
- Focus on how leaders behave

### Contingency Theories

- How does the situation influence good leadership?
- Predict which leadership style best in each circumstance

### Trait Theories

- What type of person makes a good leader?
- Leadership emerges from particular traits

### Power and Influence Theories

- What is the source of the leader's power?
- Different ways leaders use power and influence to get things done



# Leadership styles





# Leading vs. managing





# Personal, principle oriented leadership (groups + flipchart)



- We divide ourselves into the groups of 3 and you will have 5 minutes
- Each group would need to work on a definition of what is principle oriented leadership
- Definition would have to have 3 key characteristics
- Please put them on the flipchart (use capital letters)

# What do we consider as principle oriented leadership



- The flipchart with findings shall be reviewed together to see what are the common elements?
- Is principle-oriented leadership the way to succeed?

# Personal, principle oriented leadership – your personal qualities

- What type of a leader you are?
- Take a page and divide it into two columns
- Make an inventory of your own qualities
  - ✓ Consider all aspects – drawing from professional, political and personal lives
  - ✓ Don't be too modest
  - ✓ Add 2 weaknesses





# The personal page

- My qualities as a leader  
(in 5 minutes)





# Personal, principle oriented leadership – your personal qualities

## Your personal assessment



- In pairs
- You will have 5 minutes to have a conversation
  - a) Offer each other feedback – what is the quality of their leadership you most value
  - b) Describe an activity you would like to do with the other person or something you would like to learn from her.



# Personal, principle oriented leadership – your personal qualities

- What was easy about this exercise? What was difficult?
- Was any of the information received from other participants particularly welcome or helpful? If so, what was it? Why did you like hearing it? Was it the manner in which the positive information was conveyed, or was it what was said?
- Did the exercise help you to know or understand a little better others? Did the exercise generate trust? Was communication open and candid? Why or why not?
- Did the exercise enhance your feelings towards the group generally? Why or why not?



# As a leadership, where do we want to lead this mandate

*We will come back to a circle (10 minutes)*

*This exercise will require post-its (4 colours) and flipchart.*

- **What** is the **change** you would like to make
- **How** would you like to make this change
- What will be your **personal contribution**

The whole workshop group reconvenes in a circle





# Leading is empowering others



(The handouts will be provided to all participants, as well as star stickers)

Tasks (5 minutes):

- ✓ List positive actions you could take right now to create a more empowering climate in your organization.

*(You need not be in the official or formal role of leader to respond.)*

- ✓ Go back and star those actions you plan to take after completing your review of this training material.
- ✓ List restraints (anything that seems to prevent people from expressing their power) that could be removed to create a more empowering climate.
- ✓ Star those that could be removed right away by you.
- ✓ Select one restraint that is particularly troublesome and that you could remove on your own. List one action you could take getting this restraint removed.



# Letter for the half term

- Write to yourself
- You are leaving the training with knowledge about:
  - a) What your personal and collective view is on leadership
  - b) What you want to achieve in this mandate as leadership
  - c) What are the things you need to do to become empowering leadership

Write a letter to yourself in July 2026  
– what will you have implemented?

